



## Family and Community Engagement Family Newsletter February 2020

### Let's FACE It – Monthly Updates

Greetings Families, we are officially half way thru the school year! Time to take a deep breath and move forward.

We are at it again, it is time for the second round of our Family Partnership Institutes. The workshops this round include; College and Career Readiness, New Math, Man Talk, Reading Mentors, Using the Academic Playbook , Student Health and Wellness, and Special Education Support. There will also be a host of vendors with great information. Dinner and childcare will be provided.

The times and dates are as follows:

Sunbeam 11800 Mount Overlook Ave., Cleveland, Ohio 44120  
**Wednesday, February 19, 2020- 5:00pm-7:30pm**  
**Wear red and white to celebrate your love of education!!!!**

Artemus Ward 4315 W. 140<sup>th</sup> Street Cleveland, Ohio 44135  
**Wednesday, March 4, 2020-5:00pm-7:30pm**

**WE hope to see you there!**

Click here to register: <https://www.clevelandmetroschools.org/Page/15066>

#### Tips on Supporting Scholars at Home

Support can be seen as how much help people can count on, from friends, family and other important persons, particularly in difficult situations. There are different types of support, for example:

- \*Emotional support: expressing love and care
- \*Instrumental support: providing concrete assistance
- \*Appraisal support: affirming competence

**Do you have a support system for you and your child? If not sit down and make a list of those who can be.**





## Parent Meeting Tips

Parent groups vary by school; each school has their chosen format, and their family engagement levels are distributed across a spectrum. Some groups are long-established and highly functioning, while others are just starting out. If your school's parent group is in the building stage, consider one of the following options:

- Work with the willing. Which parents do you see in the school regularly? Who is already volunteering? Who has everyone's phone numbers and is in a plethora of group chats? If you can identify even two people who want to build a parent group and are willing to bring others with them, you have the beginning of something great.
- Meet as you can, where you can. Consider meeting by Facetime, Facebook Live, Skype, or another tech platform. Parents at Rhodes School of Environmental had their first meeting by Facetime and have been meeting in person ever since!
- Stick with it. Organizing and convening can be difficult. Ask families what times and days' work for them, find times when families are already in the building, and focus on building your relationships before you build any type of hierarchy. Your family is part of the larger school family, as people feel welcome they will join you in whichever way they can.

It is never too late to start building your parent group. Starting in the spring will allow you time to build and bond now, then launch at full-steam in the fall. Remember, your voice is integral to the work of supporting your scholar's success!



## Resource Highlight

### Join the 2020 Census Team

Are you looking for opportunities to earn extra income? If so currently the 2020 US Census is seeking to hire staff to support others with taking the census. The opportunity includes weekly pay, flexible hours, and paid training. Check out the census website for more information or to apply! [https://2020census.gov/en/jobs.html?cid=sem.b:p:census.jobs:census.jobs:%2Bcensus%20%2Bjob&utm\\_source=sem.b&utm\\_medium=p&utm\\_campaign=](https://2020census.gov/en/jobs.html?cid=sem.b:p:census.jobs:census.jobs:%2Bcensus%20%2Bjob&utm_source=sem.b&utm_medium=p&utm_campaign=)

## Research Brief

### Family Engagement in Education

Parents, caregivers and the school community seeks to eliminate Bullying in and outside of schools. Ideally all incidents of bullying are reported, addressed and eliminated. The risk to children who are victims of bullying repeatedly and over long periods of time are great – low self-esteem, depression, drug abuse, withdrawal and in extreme cases suicide.

For information and **30+ Tips for Building Resilience in Children** go to:

<https://positivepsychology.com/resilience-in-children/>



**School Highlights – CMSD has many schools that support your child’s educational needs. At CMSD we support family choice. This section is to help you make the right choice for your family. Each month we will highlight a Pre K – 8 and High School.**

**PreK – 8 – Louisa May Alcott**

Louisa M Alcot is highly effective, diverse, inclusive, family oriented K-5 elementary school located in a quiet, tight-knit community in the Baltic-Edgewater-West Boulevard neighborhood. The mission is to produce a joyful, rigorous, student-led culture that embraces a child’s social-emotional needs, differentiated academic needs, and cultural artistic needs, to be confident, successful, balanced, thinkers and leaders prepared for college, career and service to others.

**High School – Bard High School**

Bard High School Early College Cleveland provides students the unique opportunity to take rigorous courses, earn college credit and even graduate high school with an Associate’s degree in just four years. Students can take a two-year, tuition free college course of study in college core classes and elctives. They can graduate with up to 60 transferable college credits. Bard has a 20-1 student –to-professor ratio on average.



<https://adayinourshoes.com/>



**A Day in our Shoes | Don't IEP Alone**

Don't IEP Alone: Change your child's outcomes with the best free online IEP advice for parents, all written and shared by a Special Education Advocate and Disability Parent.

[adayinourshoes.com](http://adayinourshoes.com)

<http://www.risemagazine.org/2019/11/stress-resources/>

**Stories for Parents Under Stress**

Stories . Act Now, Pay Later – When my son entered foster care, I couldn’t think, plan, or stay calm. by Jeanette Vega ; Home Safe Home – I’m looking for supportive housing for my son and me. by Sara Werner; Mommy Time – I had to change for my children’s sake. by Melissa Landrau; Breaking the Chain (English and Spanish) – Building a calm, safe home for my son.

[www.risemagazine.org](http://www.risemagazine.org)